

I have been a Reiki practitioner and energy worker since 1994. I became a Reiki Master in 1996. Over the years I have worked with many clients with different imbalances related to dis-eases and illnesses that the body has manifested due to being out of balance. After doing this work for so many years, one thing is most relevant. I have found that there isn't any dis-ease or illness that doesn't have an underlying emotional issue that is at the root of the discomfort.

Through my work I am able to help the client uncover the emotional issues that the body has stored. Because the cells of our bodies hold onto every experience we encounter throughout our entire lives, good or bad. The traumatic occurrences are the ones that will build up over time and cause the most pain.

During a session the client is able to uncover the emotions that the soul is ready to let go of thereby cleaning out old baggage that no longer serves us. When we are in pain it causes suffering and it limits our ability to enjoy life. Healing is possible when we are willing to get to the root of the problem. Taking medication just numbs the pain and is like putting a bandage over the wound. When you are ready to get to work dig deep and learn from past pain this is when true healing occurs.

When I am working on a client my spirit guides, healing angels, Jesus and Mother Mary are present to give their support and guidance.

If you are interested in an appointment call or text me at 484-686-1411 or you can email me at spiritteaching@gmail.com.

I am a Reiki Master and I teach Usui Reiki if you are interested in learning about this wonderful way of healing the body, heart, mind, and soul send me an email or text.

The healing angels are heavenly beings that are able to help us if we ask for their help. I have been able to connect with them early on when I started my spiritual journey. I teach a workshop that teaches you how to connect with your healing angels. After completing this class you will be able to access information from your very own healing angels.

Learn How to Develop Your Psychic Abilities Workshop is another class I teach that helps students to expand their awareness. With the use of simple exercises, flower essences and essential oils it is easy to receive intuitive information that can change your life and make decisions easier and avoid making big mistakes.

Sandra Richardson

