



*Sandra Richardson*

***About Sandra***

I have been practicing Reiki since 1994. I became a Master in 1996 and have been teaching ever since. Along with the Reiki, I use flower essences, Homeopathy, aromatherapy, color therapy, crystals, and toning to help rebalance the body, heart, mind, and spirit.

My psychic abilities burst open a few days after Reiki level 1. Strong impressions and thoughts would come into my consciousness. If I trusted in the information I was given and acted on it I would get the confirmation (I did the right thing) almost immediately or in very short period of time.

After the Reiki level 2 class, my intuition got even stronger. More information would come through as I worked on clients. I would get very clear direction for myself as well. The Mastership level expanded and strengthened my intuitive abilities. It intensified the amount of energy surging through me during a session. My psychic impression got even stronger.

Over the years, I've put together different exercises and meditations to help those wanting to expand and develop their intuition. Learn How to Develop Your Psychic Abilities Workshop is very informative and FUN. I have been teaching this workshop since 1998.

Working with Reiki over the years, I have been able to tap into the energy of the angels. I've gained wisdom and insight from their presence during my sessions. I was prompted to put together a workshop that would help those in need of healing. For those who wanted to tap into the wisdom of the healing angels. This workshop is for anyone who is looking for insight into his or her healing journey. I've been teaching The Healing Angels Workshop since 2003.

Reiki has taught me how to stay still and focused. So meditation has become easier over time. I teach a meditation class to help those looking to calm their minds and relax their body.

Check out my website <http://spiritteaching.com/> for more information on flower essences and many of the workshops and classes I offer. To schedule an appointment call 610-998-2894.