



Christine Burnett, Certified MT, LMT

About Christine

Christine is a graduate of Cortiva Institute of Muscle Therapy; she is a Nationally Certified and Pennsylvania Licensed Massage Therapist specializing in techniques for the purpose of developing, maintaining and rehabilitating the physical function of the body. These techniques manipulate the muscular and soft tissue structures, flushing out toxins, wastes and impurities which in turn revitalizes our bodies with fresh nutrients and oxygen resulting and promoting in less restriction, ease of movements and overall health.

Christine's approach to massage is both intuitive as well as clinical. Through gentle yet deep touch Christine facilitates in listening to the body, focusing on the injured and stressed areas applying the proper amount of pressure needed to allow the body's own healing mechanics to release and heal, melting away tension and subsiding discomfort and pain.

Her knowledge and specialty is a creative blend of integrated bodywork that promotes wellness throughout the entire body. In an age of technical and, at times, impersonal medicine, massage offers a drug-free, non-invasive and humanistic approach based on the body's natural ability to heal itself.

Christine's training and certifications include:

- Deep Tissue/Corrective
- Prenatal
- Arthritis Relief
- Sports
- Swedish/Relaxation
- Myofacial Release
- Cancer

Contact Christine:

Phone: 484.678.9203

Email: christineburnett1@yahoo.com

Visit Christine's website <http://www.chestercountymassagetherapy.com/>

